



★ 15TH ANNUAL YRALIS CHAMPIONSHIP REGATTA ★

PHRF & One-Design Championship Regatta August 3 & 4, 2019



SAILING INSTRUCTIONS

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Yacht Score only provides for 1 set of Sailing Instruction. Each Circle has their own set of SI's as listed below. Please refer to the SI's and Amendments that pertain to just your circle.

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SCHEDULE – First Warning Signals

PHRF and Offshore One-Design Championship Riverside Yacht Club both days	1030
Saturday, Aug 4 - No warning signal for a race will be made after	1630
Sunday, Aug 5 -No warning signal for a race will be made after	1500

One Designs at American Yacht Club

Saturday, Aug 4	1255
Sunday, Aug 5	1100
No Warning Signal after this time	1500

Small One-Design Championship at Indian Harbor Yacht Club

Saturday, Aug 4	1230
Sunday, Aug 5	1100
No Warning Signal after this time	1500

★ 15TH ANNUAL YRALIS CHAMPIONSHIP REGATTA ★

PHRF & One-Design Championship Regatta August 3 & 4, 2019



Riverside Yacht Club

PHRF and Offshore One-Design Circle

**Organizing Authority (OA): Yacht Racing Association of Long Island
Sound in conjunction with Riverside Yacht Club**

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 For PHRF entries, the current PHRF Regulations as administered by the YRALIS will apply.
- 1.3 PHRF boats shall observe the current Minimum Equipment Recommendations of the YRALIS for Race Category C.
- 1.4 Appendix V1, Penalty at the Time of an Incident, will apply.
- 1.5 Appendix T will apply as changed below:
At the end of T4, Arbitration Meeting Outcomes, add: (c) If a protest is not withdrawn after arbitration, the arbitrator will not be a member of the jury that hears that protest but will be permitted to observe the testimony presented and offer evidence. This changes rule 63.3(a).

2 Notices to Competitors

Notices to competitors will be posted at the official notice board at the head of the Riverside Yacht Club (RYC) dock and on Yachtscoring.

3 Changes to Sailing Instructions

Any changes to the Sailing Instructions will be posted before 0900 on the day they will take effect, except that any change in the schedule of races will be posted by 2000 on the day before it will take effect.

4 Signals Made Ashore

- 4.1 Signals made ashore will be displayed from the RYC flagpole.
- 4.2 Signals made ashore and any associated changes to the sailing instructions at RYC will be announced on VHF channel 69 at 0900.
- 4.3 When flag “AP” is displayed ashore, “1 minute” is replaced with “not less than 1 hour in the race signal AP.”

5 Schedule of Races

- 5.1 The first warning signal is 1030 each day.
- 5.2 Subsequent races will be held as soon as practicable following the completion of the previous race per class, except for the Navigator Divisions who will sail one race per day.
- 5.3 The race committee intends to run multiple races. The number of races conducted is at the discretion of the race committee.
- 5.4 Flag A displayed with no sound while boats are finishing means ‘no more racing today.’

5.5 No warning signal for a race will be made after 1630 on Saturday. No warning signal for a race will be made after 1500 on Sunday.

6 Class Flags and Scratch Sheet

- 6.1 Identifying flags for each class will be the numeral pennants corresponding to the class numbers appearing on the scratch sheets.
- 6.2 Boats shall display class flags from their backstays, located approximately six feet above the deck, from the first warning signal for their circle until they are no longer racing.
- 6.3 Scratch sheets will be posted on www.vachtscoring.com.

7 Starting Area

The starting area for all classes racing PHRF and Offshore One-Design (both Windward/Leeward and Navigator Classes) will be approximately one nautical mile west of mid-sound government mark 32A.

8 Check-in and Retirement

- 8.1 Prior to first warning signal each day, each boat, with its mainsail hoisted, shall pass within hailing distance of the race committee signal boat, check in and receive an acknowledgement.
- 8.2 Boats retiring are requested to inform the race committee on VHF 69.

9 Courses

9.1 **Windward/Leeward Classes:** No later than the warning signal, the race committee signal boat will display the course, the approximate compass and distance to the first mark and the number of legs to be sailed on the course board.

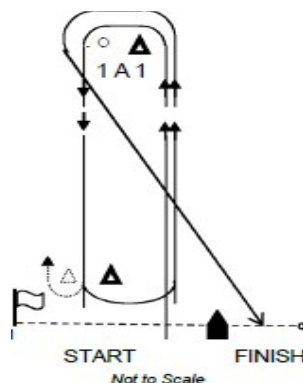
Sample course board: showing bearing 135, distance 1.5 nm to the windward mark, 6 legs for class 1, 4 legs for classes II & III, 2 legs for class IV

Mag. Bearing	Dist.	Classes	Legs
1	1.5	I	6
3		II	4
5		IV	2

If the course is the same for the succeeding class or classes, their course is the same as the preceding class.

Course will be Windward/Leeward with an offset at the windward mark as shown in the course diagram. Offset mark will be a round inflatable ball. Other marks will be orange or yellow tetrahedrons. The start mark and finish mark will be the same color.

Flag G displayed prior to the warning signal means there will be a leeward gate. The gate marks will be matching and different in color than the start and finish. In the event that the gate is not



in place or there is not an object displaying Flag M, the single leeward mark shall be rounded to port. The leeward gate may be disregarded immediately after starting and before finishing.

To change the position of the next mark, the race committee will signal a Course Change at the previous mark. The changed mark will be a different color than the original mark. The original mark will be removed as soon as practicable. When, in a subsequent change of course, a new mark is replaced, it will be the original mark.

- 9.2 Navigator Classes:** Prior to the Warning Signal the course will be displayed on the course board on the signal boat. Marks are described in Appendix One. Marks will be passed in the order signaled. When the course to the next mark is other than a reciprocal course, the mark shall be left so that the rhumb line course to the next mark will not cross the rhumb line course from the previous mark; when the course to the next mark is a reciprocal course, the mark shall be left to port. One course will be signaled if all the Navigator Class(es) are to sail the same course. If different courses are to be sailed; roman numeral placards will identify the course for each Class. A Class whose placard is not displayed shall sail the same course as the previous Class displayed.

10 The Start

- 10.1 Races will be started in accordance with RRS 26. The warning signal for the second and subsequent starts may be the starting signal for the previous start. Order of starts will be as signaled by class flags.
- 10.2 For all classes (Windward/Leeward & Navigator) the starting line will be between the staff displaying a yellow flag on the race committee signal boat at the starboard end and an inflatable mark on the port end.
- 10.3 The race committee may employ a “keep off” mark from the signal boat. The “keep off” mark shall be considered part of the signal boat.
- 10.4 Boats starting later than four minutes after their starting signal will be scored “Did Not Start” without a hearing. This changes RRS A4.1 and A5.
- 10.5 The race committee will attempt to hail OCS boats by their sail number on VHF channel 69. The timing and order of such hails or the failure of a competitor to hear the hail will not be grounds for redress. This changes RRS 62.1(a).

11 The Finish

- 11.1 Windward/Leeward Finish:
The finish line will be between a staff displaying a red flag on the signal boat at the starboard end and the course side of an inflatable mark on the port end as shown in the diagram in 9.1.
- 11.2 Navigator Finish:
The finish line will be between Mark A (G “1” Fl. G 2.5s Gong – at the entrance to Captain Harbor) on the Starboard end and a Race Committee vessel on the Port end.

12 Time Limits

- 12.1 Windward/Leeward Time Limit: The time limit for the first boat in a division to sail the course and finish a race if the course is 6 miles or less will be 2 ½ hours. The time limit for the first boat in a division to sail the course and finish a race if the course is more than 6 miles will be 3 ½ hours. A “finish window” will open when the first boat that sails the course within the time limit in each class finishes.
- For one-design classes the finish window is 20 minutes.
 - For PHRF Windward/Leeward classes the finish window is 30 minutes.
 - Boats finishing after their finish window closes, will be scored TLE. This changes RRS 35.
- 12.2 Navigator Time Limit: The time limit for the first boat in each navigator division to sail the course and finish will be 1630 on Saturday August 3rd and 1500 on Sunday August 4th. Boats that fail to finish within 1 hour after the first boat in their division sails the course and finishes will be scored “Time Limit Expired” (TLE). This changes rule 35. The Race Committee may shorten the course consistent with the Racing Rules of Sailing.

13 Protests and Requests for Redress and Arbitration

- 13.1 A boat intending to protest shall notify the race committee promptly after finishing that race.
- 13.2 Protests shall be delivered to the RYC front desk within 60 minutes after the race committee finish boat docks.
- 13.3 The protest time limits along with a list of protests and request for redress filed at the front desk will be posted promptly on the official notice board.
- 13.4 Parties to a hearing and their witnesses should remain in the protest area. If they are not available when called, they may not be heard.
- 13.5 Hearings and arbitration will begin as soon as practicable after protest forms are filed at the protest desk.

16 Scoring

- 16.1 The Low-Point Scoring System of App. A4 will apply. One completed race constitutes a series.
- 16.2 Boats scored Time Limit Expired (TLE) will be scored two points more than the number of finishers except that she shall not be scored worse than DNF.
- 16.3 PHRF time allowances will be computed using time on distance.
- 16.4 If fewer than five races are completed, a boat's series score will be the total of her race scores. If five or more races are completed a boat's series score will be the total of her race scores excluding her worst score subject to rule 90.3(b).
- 16.5 Scoring for PHRF YRA Season Trophies will be double weighted for this event.

17 Prizes

- 17.1 Prizes will be awarded for First, Second and Third place for each class.
- 17.2 YRA Championship prizes will be awarded to the Best Performance of a yacht on each circle as determined by the OA.
- 17.3 This regatta is a qualifying event for the YRA Youth Challenge Cup, the Sally Finkbeiner Trophy, the Gitano, Sappho, Competitors, Kings Point and Allegra Knapp Mertz awards.
- 17.4 Prizes for the RYC and IHYC venues will be awarded after racing on Sunday August 4, 2019, at the Riverside Yacht Club.
- 17.5 A new trophy will be awarded in the fall to recognize the best combined score in the Riverside circle for this regatta and in the Storm Trysail & Riverside Yacht Club Long Island Sound Championship in September.

18 Radio Communications

Except in an emergency, a boat shall neither make nor receive radio communications not available to all boats. This restriction also applies to all mobile telephones and tablets.

19 Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Appendix One

Navigator Marks

A4 The following may be used as marks.

A	G "1" Fl. G 2.5s Gong - Captain Harbor	N	G "21" Fl. G 4s Gong - Matinecock Point
B	RN "2" - Flat Neck Point	O	C "19" - Oak Neck Point
C	RN "34" - Greenwich Point	P	G "17" Bell - Rocky Point
D	R "32A" Fl. R 2.5s - Mid Sound	Q	G "1" Gong - Lloyd Neck NW Bluff
E	RN "2" - Great Captain Island, west reef	R	G "15" Fl. G 4s Gong - Lloyd Point
F	R "36" Bell - Bluefish Shoal	S	RN "4" - Lloyd Neck
G	R "38" Fl. R 4s Bell Transport Rock	T	C "13" - Eatons Neck Point
I	R "40" Fl. R 6s - Porgy Shoal	U	C "E" - Eatons Neck Point
J	RN "40A" - Scotch Caps	V	G "11B" Fl. G 4s Gong - Eatons Neck Point
K	R "42" Fl. 2.5 s Bell - Mamaroneck	W	R "32" Fl. R 6s Bell - The Cows
L	C "1" Execution Rocks	X	R "30" Fl. R - Smith Reef
M	G "23" Fl. G 4 s. Bell - Prospect Point		
Y - Inflated tetrahedron reaching mark on line with the start line, approximately 3/4 mile to port of the R/C Signal Boat.			
Z - Windward mark of the windward/leeward course, approximate range and bearing provided in aft two columns of the course board.			

Information regarding all government marks is believed to be reliable. All captains are reminded that the Coast Guard is continually changing mark designations, locations and characteristics. If any of these mark descriptions have changed by the date of this race, whatever mark is on station at the stated location shall be considered the mark designated in these instructions. If a designated mark is missing, an inflatable mark may be substituted. Unless instructed otherwise, government marks not signaled as part of the course may be disregarded for the purposes of a race, but should not be disregarded for purposes of safe piloting.



YACHT RACING ASSOCIATION OF LONG ISLAND SOUND 2019 Mid-Sound One Design

SAILING INSTRUCTIONS

1 RULES

- 1.1 The Mid-Sound One-Design series racing will be governed by the rules as defined in *The Racing Rules of Sailing*
1.2 Appendix V1 PENALTY AT THE TIME OF AN INCIDENT will apply.

2 NOTICES TO COMPETITORS AND CHANGES IN SAILING INSTRUCTIONS

- 2.1 Notices to Competitors and changes in these Sailing Instructions will be posted on the host club website by 1800 on the day before they take effect.
2.2 For Special Events, changes to the Sailing Instructions will be posted on the host club website by 1400 on the day before they take effect.

3 SIGNALS MADE ASHORE

- 3.1 Signals made ashore will be displayed at the main flagpole of the club responsible for conducting that day's races and announced on VHF channels 71, 68 and 72. Competitors not in sight of the flagpole may call the race committee on the same channels. AYC, HHYC and LYC may repeat the signal if not responsible that day.
3.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 1 hour" in the race signal AP.
3.3 Races may be postponed ashore no later than one (1) hour before the scheduled first warning signal.

4 SCHEDULE OF RACES

- 4.1 Series and Special Events will be held on the following dates:

Date	Event or Race Committee	Date	Event or Race Committee
25 & 26-May	* Memorial Day Regatta (LYC)	3 & 4-Aug	* YRALIS Championship Regatta (AYC)
1-June	S Class	10-Aug	~ no racing ~
8-June	Etchells	17-Aug	~ no racing ~
15-June	American YC	24-Aug	~ no racing ~
22-June	Larchmont YC	31- Aug	** Larchmont YC - Distance Race
29-June	~ no racing ~	7-Sept	Shields
6 & 7-July	* Independence Day Regatta (AYC)	14-Sept	~ no racing ~
13 & 14 July	* Larchmont Race Week	21-Sept	Internationals
20 & 21 July	* Larchmont Race Week	28 & 29 Sept	Larchmont YC
27-July	~ no racing ~	6-Oct	Viper 640

*Special Events: a separate Notice of Race and Entry for the Independence Regatta, Race Week and YRA Champs are required for these events along with Amendments to the Sailing Instructions.

** Special Amendment to the Sailing Instructions for the Distance Race will be issued.

- 4.2 The race committee intends to run 2 or more races each day. The number of races conducted each day is at the sole discretion of the race committee.
4.3 The first warning signal will be at 1425 each day. Classes may not be started in numerical order.
4.4 The first warning signal for the *Memorial Day, *AYC Independence Day, *LYC Race Week and *YRA Champs will be as stated in their Notice of Race and/or Amendment to these Sailing Instructions.
4.5 Course Descriptions for the **YRA PHRF Distance Race will be announced from the signal boat prior to the 1st warning.

5 DIVISION FLAGS

Division flags will be numeral pennants. Class insignias may be substituted.



1) Viper 640



2) Etchells



3) IOD



4) Shields



5) S Class



6) Other

6 VENUE

The racing area will be in the vicinity of the waters between Larchmont and American Yacht Clubs.

7 THE COURSE

- 7.1 No later than the warning signal, the race committee signal vessel will display the course, the approximate compass bearing and distance to the first mark and the number of legs to be sailed on the course board.
- 7.2 The race committee may elect to give some classes a substantially shorter windward leg than is posted for the other classes. If it does so, it will announce its intentions on VHF channel 78A (1078) and will post the number “0” on the signal board next to that Class signifying a shorter windward leg for those classes.

SAMPLE COURSE BOARD (showing a course of 210 degrees, 1.0 nm to the windward mark and course 40 for Div 1-4 and course -4 for Div 5-6 the race: (forward) (aft)

Bearing	Range	Division	Course
210	1.	1-4	4 0
	0	5-6	- 4

If the course is the same for the succeeding class or classes, their course will be left blank.

- 7.3 Course will be designated as follows:

2 – windward, finish to leeward

3 - windward, leeward mark **or gate**, finish to windward

4 - windward, leeward mark **or gate**, windward, finish to leeward

5 - windward, leeward mark **or gate**, windward, leeward mark **or gate**, finish to windward

6 -triangle, windward, finish to leeward.

The course number followed by 0 indicates a windward offset mark. ie 40 signals course 4 with an offset mark.

All marks shall be left to port, except if a leeward gate is set.

8 MARKS

- 8.1 Original marks will be either all orange or yellow inflatables.
- 8.2 New marks, as provided in Instruction 10, Changing the Next Leg of the Course, will be the alternative color (or, if necessary, an inflatable with a black band).
- 8.3 If the race committee elects to give one or more classes a shorter windward leg, it will signal it with a “-“ (minus) before the course number. The windward mark will be a white inflatable for those classes. This will not be a mark of the course for the other classes. A new mark, as per instruction 10, Changing the next leg of the course, will be a white mark with a black band.
- 8.4 The offset mark, if used, will be a round orange inflatable.

9 THE START

- 9.1 The starting line will be between a staff displaying an orange flag on the signal vessel at the starboard end and an orange flag or inflatable buoy at the port end.
- 9.2 Boats whose preparatory signal has not been made shall stand clear of the starting area and all boats whose preparatory signal has been made.
- 9.3 A boat that starts later than 10 minutes after her starting signal will be scored DNS without a hearing. This changes rules A4 and A5.
- 9.4 Any re-commencement of the starting sequence will be preceded by repetitive sounds and an announcement on Ch 78A (1078) approx. 1 minute prior to the warning signal. Boats are reminded to stay within range of the starting area
- 9.5 If there is only one boat in a class, that boat will be recorded for its participation, but not given an individual start. However, the race committee may allow that boat to start with another class, if approved by that class and the race committee. If so, both class flags will be displayed at their warning signal. If two or more classes have fewer than three boats participating on a day, the race committee may, with the approval of the classes, combine their starts – but not for the first race of the day. If so, both class flags will be displayed at their warning signal. Classes will be scored separately.
- 9.6 The race committee will attempt to hail OCS boats by their sail number on VHF channel 78A (1078). The timing and order of such hails or the failure of a competitor to hear the hail will not be grounds for redress. This changes RRS 62.1(a).

10 CHANGING THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finish line) and remove

the original mark as soon as practical. When in a subsequent change of course a new mark is replaced, it will be replaced with an original mark.

11 THE FINISH

- 11.1 The finish line will be between a staff displaying a yellow flag on a race committee vessel and the finish mark. For a leeward finish, the finish line will be a yellow flag or inflatable at the port end and a yellow flag on a committee vessel at the starboard end. For a windward finish the finish line will be between the windward mark and yellow flag on the race committee vessel to starboard.
- 11.2 The race committee may assign a finish position to any unfinished boats, provided that the appropriate finish place for those boats can be determined in a reasonable manner.
- 11.3 Flag A displayed with no sound while boats are finishing means “No more racing today”.

12 TIME LIMIT

The time limit for the first boat in a class to sail the course and finish will be 2 1/2 hours. Boats not finishing within 30 minutes after the first boat in that class will be scored Time Limit Expired (TLE). This modifies rule 35.

13 PROTESTS

For all race days other than Special Events, written protests and requests for redress shall be emailed to the YRA office@yralis.org no later than the 1st business day following the race. These hearings will be heard on the following Thursday at 2000 at a location to be announced unless all parties agree otherwise.

14 SCORING

- 14.1 For each scheduled day, the low point scoring system of Appendix A will apply with multiple races scheduled. A boat's daily score will be the total of her race scores without exclusion.
- 14.2 A boat scored Time Limit Expired (TLE) will be given two points more than the number of finishers except that she shall not be scored worse than DNF.
- 14.3 For season scoring, fleets may use the Cox-Sprague scoring system as shown in the One Design Championship Rules section of the YRA Year Book; however, each fleet may choose any scoring system.
- 14.4 All scores shall be submitted to the YRA Office following the completion of racing. Scores can be emailed to scores@yralis.org and cparthemos@gmail.com

15 NAVIGATION RULES

All boats are cautioned to observe the Navigation Rules of the Road and to yield right of way to vessels restricted in their ability to maneuver. Racing sailboats are requested to avoid tugs and barges. Competing boats shall not communicate by VHF radio with commercial vessel, except in an emergency. Failure to comply with this instruction may result in a rule 2 hearing against the offending boat.

16 RADIO COMMUNICATIONS

- 16.1 The race committee will monitor and communicate its intentions via VHF 78A (1078).
- 16.2 Except in an emergency, a boat that is racing shall not make voice or data communication that is not available to all boats.

17 SAFETY REGULATIONS AND CHECK IN/CHECKOUT

- 17.1 Prior to the warning signal of her first race each day, a boat shall sail past the stern of the race committee vessel, hail her sail number and be acknowledged by the race committee.
- 17.2 A boat that retires from a race or does not intend to compete in a race after checking in shall notify the race committee as soon as possible.

18 PRIZES

- 18.1 YRA of LIS Series prizes will be awarded on Sunday, Dec 1st at the YRALIS Annual Meeting to each qualifying helmsman. The Annual Meeting will take place at 1700 at Larchmont Yacht Club.
- 18.2 Prizes will also be awarded for a series comprising the Memorial Day, Independence Day, and the YRA One-Design Championship regattas. This series will be scored according to the Cox-Sprague Scoring System. To qualify, an owner must start at least 50% of the races and be an active member of the YRA of LIS.
- 18.3 This series is a qualifier for the Cow Bay Perpetual Trophy and the Russell J. Nall Memorial Trophy along with other series prizes as defined in the YRA of LIS Racing Program.

18.4 In order to rank as qualifying, the owner must start at least 50% of the races, but not less than 10, designated by each fleet from the Schedule.

19 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority or it's member clubs or fleets will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Further Information Please Contact:

YRA of LIS One Design Committee: Rich Rubel – rubel.richard@gmail.com or Cynthia Parthemos – president@yralis.org

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International One Design

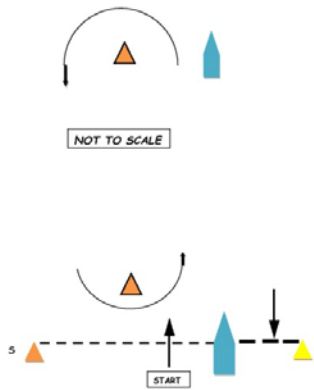
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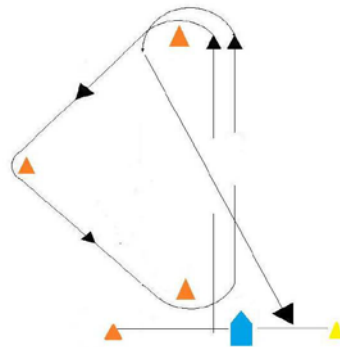
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COURSE DIAGRAMS – the leeward mark may or may not be a gate (Schematic – not to scale)

WINDWARD-LEEWARD COURSE DIAGRAM



Triangle - Windward - Leeward





★ **15TH ANNUAL YRALIS CHAMPIONSHIP REGATTA** ★
For
PHRF, PHRF NAVIGATOR AND ONE DESIGN CLASSES
Organizing Authority (OA) YRA of LIS in conjunction with American Yacht Club
Saturday, August 3 & Sunday, August 4, 2019

**Amendment #1 to the
American Yacht Club Circle
2019 Yacht Racing Association of Long Island Sound Mid-Sound
Sailing Instructions**

2 NOTICE TO COMPETITORS and CHANGES TO THE SAILING INSTRUCTIONS

Notices to competitors will be posted on the official notice board located on the American Yacht Club front porch, no later than 0930 on the day they take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3 SIGNALS MADE ASHORE

3.1 Replace with

Signals made ashore will be displayed on the main flagpole of American Yacht Club and announced on VHF 78a. competitors not in sight of the flagpole may call the race committee on the same channel

4 SCHEDULE OF RACES

4.1 Replace all with:

Saturday, August 3	1255	First Warning Signal
Sunday, August 4	1100	First Warning Signal
	1500	No Warning Signal after this time

Post-race party and awards following the completion of racing on the American Yacht Club lawn

4.3 Is deleted

6 RACING AREA

Replace all with:

Races will be conducted from a starting area located approximately mid-Sound, south of Milton Point, Rye, New York. The approximate positions of the starting area will be announced approximately 1 hour before the 1st warning signal each day on VHF channel 78a.

9 THE START

9.1 Replace all with:

The starting line will be between a staff displaying an orange flag on the signal vessel at the starboard end and an orange cylinder at the port end

11 THE FINISH – is replaced with

11.1 The finishing line for all courses will be between a staff displaying a blue flag on an official boat and the course side of a yellow cylinder.

11.2 The race committee may assign a finish time to a boat if doing so will enable another race to be started as quickly as possible; this changes Rule A5.

- 13 PROTESTS** – is replaced with
- 13.1 Rule 61.1(a) is changed to require that the red flag must be flown from the permanent backstay, or, in the absence of a permanent backstay, on the starboard shroud or stern rail.
- 13.2 Rule 61.1(a) is changed to include the following notice and procedures: At any time after the incident, up to and including immediately after finishing, a protesting boat shall notify the race committee over the race course VHF channel 78A of its intent to lodge a protest and the identity of the boat it intends to protest. The race committee will identify all protests for that race received by the Committee by broadcast over the racecourse VHF channel 78A. Broadcasts will commence approximately 5 minutes after the first boat has finished and will be repeated at approximately 15-minute intervals until the last boat has finished. These broadcasts are made only as a courtesy to competitors. Failure of the race committee to make such broadcasts or a competitor to hear such broadcast shall not be grounds for redress. This changes RRS 62.1(a).
- 13.3 At the first reasonable opportunity during, or immediately after, the race, a boat that accepted a One-Turn Penalty or Two-Turns Penalty shall report that fact to the race committee on the racecourse VHF channel 78A and identify the other boat(s) involved in the incident. This changes Rule 44.2.
- 13.4 Competitors are requested to use the standard US Sailing protest form for filing protests and requests for redress. Protest forms are available at the Front Desk in the lobby of American Yacht Club.
- 13.5 Written protests shall be delivered to the Jury Desk located in the Lobby of American Yacht Club within one hour after the race committee signal boat for that class docks. The time limit will be posted on the official race committee notice board. A list of protests, and the order in which they will be heard, will be posted on the official race committee notice board no later than 30 minutes after the protest time limit expires.

14 SCORING

- 14.1 replace with:
The race committee intends to run multiple races. One completed race constitutes a series. If fewer than five races are completed a boat's series score will be the total of her race scores. If five or more races are completed, a boat's series score will be the total of her race scores excluding her worst score.

16 RADIO COMMUNICATIONS

- 16.1 Replace with
The Race Committee will monitor VHF 78A, while on station for racing and will use that channel to announce its intentions. These broadcasts are made only as a courtesy to competitors. Failure of the race committee to make such broadcasts or a competitor to hear such broadcast shall not be grounds for redress. This changes RRS 62.1(a).

18 PRIZES – replace all with

- 18.1 Prizes will be awarded for First and Second place for classes with seven or fewer entries. Prizes for First through Third will be awarded to classes with entries with eight or more.
- 18.2 YRA Championship prizes will be awarded to the Best Performance of a yacht on each circle as determined by the OA.
- 18.4 The Commodore Hipkins Trophy Men's Sailing Championship of Long Island Sound will be awarded to the best performing male skipper over the age of 18 from the multi-handed one-design classes racing on the AYC and IHYC circles as determined by the OA.

FURTHER INFORMATION

Please contact Sandy Weil - AYC - Principal Race Officer – sandisonweil@aol.com or Cell +1-917-714-2561 or the YRALIS office at 516-767-9240 or office@yralis.org

★ 15TH ANNUAL YRALIS CHAMPIONSHIP REGATTA ★

PHRF & One-Design Championship Regatta August 3 & 4, 2019



Small One-Design Championship Indian Harbor Yacht Club

Organizing Authority: Yacht Racing Association of Long Island Sound (YRALIS)

Hosted by Indian Harbor Yacht Club (IHYC), Greenwich Connecticut

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Where class rules specify different requirements for various levels of events, this regatta shall be considered a district /regional-level regatta, or equivalent. One-design classes will be responsible for administering their respective rules.
- 1.3 Appendix V1, Penalty at the Time of an Incident, will apply.
- 1.4 Appendix T will apply as changed below: At the end of T4, Arbitration Meeting Outcomes, add: (c) If a protest is not withdrawn after arbitration, the arbitrator will not be a member of the jury that hears that protest but will be permitted to observe the testimony presented and offer evidence. This changes rule 63.3(a).
- 1.5 In the event of a conflict between the Notice of Race and these Sailing Instructions, the Sailing Instructions shall govern.

2 ADVERTISING

For the purposes of RRS 80, advertising is allowed in accordance with WS Regulation 20, as permitted by class rules

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located inside the club's main lobby at Indian Harbor Yacht Club.

4 CHANGES TO SAILING INSTRUCTIONS

Any change in the schedule of races will be posted by 2000 on the day before it will take effect. Oral changes may be made on the water by hailing each boat and receiving acknowledgement.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from a race committee signal boat at the IHYC dock.
- 5.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in the race signal AP.

5 SCHEDULE OF RACES

- 5.1 The scheduled time of the warning signal for the first race is 1230 on Saturday and 1100 on Sunday. Subsequent races will be held as soon as practicable after the end of the previous race.
- 5.2 The race committee intends to run multiple races. The number of races conducted each day is at the sole discretion of the race committee.
- 5.6 Flag A displayed, with no sound, while boats are finishing means "No more racing today."
- 5.5 On the last scheduled day of racing no warning signal will be made after 1500.

6 CLASS FLAGS

Class flags will be:

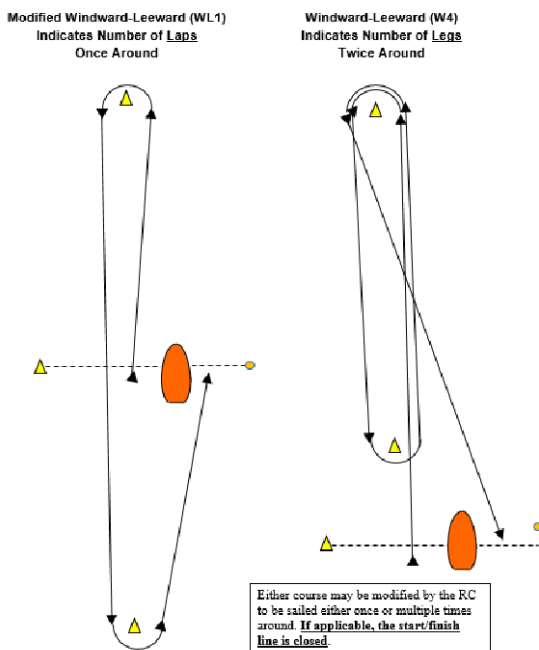
<u>Racing Area</u>	<u>Class</u>	<u>Flag</u>
Indian Harbor YC	Ideal 18	Numeral 3
Indian Harbor YC	Laser	Numeral 4
Indian Harbor YC	Laser Radial	Numeral 5

7 RACING AREAS

The racing area for the Laser, Laser Radial and Ideal 18 classes at IHYC will be inside Captain Harbor.

8 THE COURSES

- 8.1 RC intends to run a windward / leeward course with a separate starting and finish line. A modified windward-leeward course may also be used. Approximate course layout is diagramed below.
- 8.2 The lines are closed. Sailing through the start or finish line(s) other than while starting or finishing a race will result in a score of DSQ without a hearing.
- 8.3 The RC may use a gate for the leeward mark and may use an offset at the windward mark.



9 MARKS

- 9.1 All rounding marks will be inflatable yellow tetrahedrons. If used, the windward offset mark will be a smaller inflatable ball.
- 9.2 Finish mark will be a different color than rounding marks.

10 THE START

- 10.1 Races run by IHYC will be started using the Audible-Signal Racing System, Appendix U. The class flag(s) of the class(es) being started will be displayed from the warning signal until the start.
- 10.2 The starting line will be between the staff from which a yellow flag is displayed on the race committee signal boat and the starboard end and the course side of the port end starting mark.
- 10.3 The race committee may invoke starting penalties per RRS 30 and display code flag "I", "Z", or "U" at the time of the warning signal but no later than the two-minute Preparatory signal.
- 10.4 The race committee may employ a "keep away" mark from the signal boat. The "keep away" mark shall be considered part of the signal boat.
- 10.5 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 10.6 A boat that does not start within 4 minutes after her starting signal will be scored "Did Not Start" without a hearing. This changes RRS A4 and A5.
- 10.7 Classes may not necessarily start in numerical order and may be combined into a single starting sequence by displaying multiple class flags from the same staff or halyard. For subsequent races, classes will be started as soon as practicable, and not necessarily in the order used for the first race.

11 RECALLS

- 11.1 Recall will be made in accordance with RRS Appendix U4.
- 11.2 Recall numbers for Lasers and Radials will be the last four digits of their sail numbers. This changes RRS Appendix U4. When a penalty of RRS 30 is in effect, the race committee may hail recall numbers in the minute before the start.
- 11.3 Failure to hail, the order in which recall numbers are hailed, and the failure of a competitor to hear a hail will not be grounds for a request for redress. This change RRS Appendix U5.

12 CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

13 THE FINISH

- 13.1 The finishing line will be between a staff displaying an orange flag on a race committee boat at the port end and the course side of the starboard end finish mark.

14 TIME LIMITS AND TARGET TIMES

- 15.1 Time limits for all classes is 45 minutes.
- 15.2 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Protest forms are available at the Indian Harbor Yacht Club front desk. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.2 For each class, the protest time limit is 60 minutes after the race committee signal boat docks. The protest time limits will be posted on the official notice board at IHYC.
- 15.3 A list of protests will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at IHYC in the location posted, beginning at the time posted.
- 15.4 Notices of protests by the race committee, technical committee or protest committee will be posted

to inform boats under RRS 61.1(b).

- 15.5 A list of boats that, under SI 14.3, have been penalized for breaking RRS 42 will be posted.
- 15.6 Breaches of SIs 11.3, 18, 21, 23, 25, 26 and 27 will not be grounds for a protest by a boat. This changes RRS 60.1(a).
- 15.7 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.
- 15.8 Decisions of the [protest committee] [international jury] will be final as provided in RRS 70.5.
- 15.9 If the race committee posts a list of boats scored OCS, ZFP, UFD or BFD on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than one hour after the protest time limit. This changes rule 62.2.

16 PROTEST ARBITRATION (This modifies RRS Part 5)

- 16.1 For protests involving an alleged breach of a rule of Part 2 of the RRS, arbitration hearings will be held at IHYC. The schedule will be posted on the official notice board at IHYC.
- 16.2 One representative from each boat shall meet with an arbitrator; no other witnesses may testify or present evidence in the hearing. Unresolved arbitration will be referred to the Protest Committee.
- 16.3 A boat that accepts fault at the arbitration hearing shall receive a penalty of 40% of the number of boats entered (rounding 0.5 upward), except that she shall not be scored worse than DNF.
- 16.4 Actions, opinions or decisions resulting from or during arbitration are not subject to appeal and shall not be grounds for redress.
- 16.5 The arbitrator will not be a member of the jury that hears the protest but may be permitted to observe the testimony given to the jury and offer testimony. This changes RRS 63.3(a).

17 SCORING

- 17.1 A boat's series score will exclude her worst race score, subject to RRS 90.3(b) if five or more races are completed, unless otherwise specified by her one-design class rules. This changes RRS A2.
- 17.2 One race will constitute a series.

18 PRIZES

- 18.1 Prizes will be awarded for First and Second place for classes with seven or less entries. Prizes for First through Third will be awarded to classes with entries with eight or more.
- 18.2 YRA Championship prizes will be awarded to the Best Performance of a yacht on each circle as determined by the OA.
- 18.3 The Henry H. Anderson Trophy Single-Handed Championship of Long Island Sound will be awarded to the highest finishing male skipper in the Laser class.
- 18.4 The Commodore Hipkins Trophy Men's Sailing Championship of Long Island Sound will be awarded to the best performing male skipper over the age of 18 from the multi-handed one-design classes racing on the AYC and IHYC circles as determined by the OA.
- 18.5 This regatta is a qualifying event for the YRA Youth Challenge Cup, the Sally Finkbeiner Trophy, the Gitano, Sappho, Competitors, Kings Point and Allegra Knapp Mertz awards.

19 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.